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| **Topic:** Stairways and Ladders | **Sub Topic:** Ladder Use |
| **Duration:** 1 Hour | **Resources:** [**Extension Ladders**](https://www.osha.gov/sites/default/files/publications/OSHA3660.pdf) |
| **Equipment:*** Ladders
* PPE
 | **Videos:** [**Ladder Safety 101**](https://youtu.be/e9DFNmEqVfw)[**Ladder Safety-**Werner](https://youtu.be/3TVRMfnUWhI)  |
| **Topic Description:**This lecture covers ladder safety.  Special emphasis will be placed on work practice controls and inspections.**Learning Outcomes:**Upon successful completion of this lecture, students will be able to:* Understand the Requirements of Subpart X-Ladders & Stairways.
* Apply the hierarchy of controls to ladder safety standards.
* Determine how to select the proper ladder for the job.

**Activity:**Step 1         Students partner in groups of 2-4 to choose ladder types to discuss.Step 2    Students identify potential standards that will apply to the type of ladder chosen.Step 3         Student groups to associate hazards with choice of ladder.Step 4         Students discuss the requirement to maintain 3 points of contact and staying centered on the ladder and how it impacts your ability to do the task? |